

# New York Hustle Congress 2010

Dear Sponsors,

Dancers from all over the country are preparing for this year's New York Hustle Congress, now in its sixth year. Hundreds of participants are expected this Labor Day weekend for four days of non-stop dancing. This dance spectacular featuring various styles of social dancing, competitions, and workshops taught by world champion dancers, is being held at the historic New Yorker Hotel in the heart of New York City. The holiday weekend will begin with a kick-off party Thursday night. Workshops in Hustle, West Coast Swing, Salsa and more start Friday at the New Yorker Hotel and run all weekend long. Competitions will be held afternoons and evenings, and there will be multiple floors of social dancing and ends with a Die Hard Closing Party on Sunday night.

The 6th Annual New York Hustle Congress is presented by Disco Diva Lori Brizzi, the premier hustle promoter in the tri-state area. Lori hosts the most successful dance parties in New York City that attract hundreds every week. She is proud to bring the best teaching staff and New York's finest DJs to this event.

On Saturday night, Lori is very excited to present DJ Louis Del Prete, one of New York's most popular DJs and dance party hosts for an evening of mixed ballroom dancing in the Crystal Ballroom. Louis will also host a workshop and a meet and greet with one of the instructors of the popular TV show 'Dancing with the Stars'. You will not want to miss this!

Another new addition will be a dance room dedicated to the next generation of dancers called Hustle 2.0 playing only current hits of today's music industry.

On Saturday evening, a popular charity event called 'Circle of Love' is held at the New York Hustle Congress. The professional leaders and followers attending the event make a circle and the dancers contribute to a cause and get to rotate in the circle and dance with them. Last year's charity was for animal rescue and was called 'Hustle for the Hounds' and attendees are still buzzing about how they got to dance with Pasha and Anna who were starring in the Broadway show 'Burn the Floor' and Tony Meredith, Melanie LaPatin and Eddie Simon, choreographers from the hit show 'So You Think You Can Dance' and Luis Salgado. Because of a personal family issue, this year, the popular charity event Circle of Love on Saturday Night will be called 'Hustle for Help'. The purpose will be to raise awareness and to fight stigma associated with disorders of the brain, your bodies most important organ.

These illnesses include:

- Autism Spectrum Disorders
- Attention-Deficit/Hyperactivity Disorder
- Bipolar Disorder
- Borderline Personality Disorder
- Dissociative Disorders
- Dual Diagnosis and Integrated Treatment of Mental Illness and Substance Abuse Disorder
- Eating Disorders
- Major Depression
- Obsessive-Compulsive Disorder (OCD)
- Panic Disorder
- Post-Traumatic Stress Disorder
- Schizoaffective Disorder
- Schizophrenia
- Seasonal Affective Disorder
- Suicide
- Tourette's Syndrome

1 in 6 adults and almost 1 in 10 children suffer from a diagnosable mental illness. Yet, for many, the stigma associated with the illness, can be as great a challenge as the disease itself. Many people in the dance community have or know a friend or loved one that is suffering in silence from one of these disorders.

One of the best ways you can help someone with mental illness is by understanding what it is – and what it isn't. After all, myths about mental illnesses contribute to stigma, which often prevents those who are living with it from seeking help. Most importantly, mental illnesses are treatable through medication and psychosocial therapies – allowing those who suffer from them the opportunity to lead full and productive lives. This year's event hopes to break the silence by bringing these issues to the forefront in the hopes of helping people.

For more information, check out [www.NYHustleCongress.com](http://www.NYHustleCongress.com).

**Sincerely,**

**Lori Brizzi**

Event Director

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